

This document is a guideline for specific age groups to ensure that all players in those age groups are given the opportunity to have a great football experience. Adjust the details to suit the values of your club.

MiniRoos U6-U11 Age Groups

All players in these age groups will receive EQUAL GAME TIME in each game. Fair rotation of players to receive game time in each half, as opposed to only playing in one half of a game.

To fairly distribute game time in these age groups, coaches must rotate players in each position, including goalkeeper (a coach may rotate a player into the goalkeeper position for one half then have time on the field in the other half). Players who have chosen to play primarily as a goalkeeper may still be given time as an outfield player every few games.

It is vital that players are exposed to playing in multiple positions, so they can practice different skills in different scenarios, learning more to develop their game.

Youth U12-U18 Age Groups

All players in these age groups will receive a MINIMUM HALF GAME TIME in each game. Fair rotation of players to receive game time in each half, as opposed to only playing in one half of a game.

In these age groups, players will naturally move into positions they are able to play in more than others. As players get older and develop, they will play in less positions. This will mean that some players will receive more game time than others due to ability to play in certain positions as well as their performance.

Players in these age groups can begin to “earn” more game time than the minimum with improving performances and demonstrating the right attitude to learn and develop. Goalkeepers in these age groups are more likely to remain in the position rather than rotating with outfield players.

Exceptions

Whether the policy is EQUAL GAME TIME or MINIMUM HALF GAME TIME, there are exceptions to be considered. These exceptions include injuries, poor attitude, and breaking code of conduct etc. Where a player loses out on game time due to any of the above exceptions, extra game time is not afforded/equalised for future matches.